

Rheinfelden, July 7th 2007



## 8th International Congress of the F.M. Alexander Technique

10-16 August 2008 in Lugano, Switzerland

[www.atcongress.com](http://www.atcongress.com)

Alexander Technique Congress Association  
Im Theodorshof 13, CH - 4310 Rheinfelden  
[info@atcongress.com](mailto:info@atcongress.com)

### CONGRESS DIRECTORS

Michael D. Frederick USA, Jule Gartzke  
Germany, Rosa Luisa Rossi Switzerland,  
Judy Stern USA

Dear Alexander Colleagues,

To maintain the tradition of the International Congress being open to all teachers and students worldwide, we are writing to you again to obtain the names of your membership, to help us promote the coming 8th International Congress of the F.M.Alexander Technique, which will take place in Lugano, Switzerland, in almost one years time, from the 10th - 16th August 2008.

### List of membership names

We would like to notify all teachers and students worldwide by email and land mail as the Congress information becomes available.

We are planning to send out the Congress Program in autumn 2007 so the sooner you can email us the required information, the better.

If you do not have a list of individual students and trainees we would like a list of your training courses together with contact details of the people running the courses and information about how many students they are training.

### Format of the list

We would like the **name, full address, country and email address** in electronic format. If you have the names in a database, please export the list in either tab delimited or comma delimited format. If you keep them in a spreadsheet, please just send us that. Otherwise, any other electronic format would be helpful.

**These lists will only be used for congress notifications and communications. Attendees will be defined as "delegates" and so the list of attendees will not constitute an alternative teacher list.**

**Bob Britton** has graciously offered to collate this mailing list. You can email him at: [robertbritton@mindspring.com](mailto:robertbritton@mindspring.com), or send him a CD to:  
Robert Britton, 70 Santa Paula Avenue, San Francisco, CA 94127  
Phone # is 1 415 664 5066

We will make every attempt to contact all your members, students and trainees. Thank you very much for your help and we hope to see you all in Lugano.

Yours,

Rosa Luisa Rossi, Congress Director  
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**PS: Please confirm the receipt of this letter via e-mail**